

# The Roundtable

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**Bangor Area Breakfast Rotary Club**

[www.bangorbreakfastrotary.org](http://www.bangorbreakfastrotary.org)

***December 15, 2016***

## **Hospice Peace**

**N**orma Crichton (pronounced CRA-ton) practices what she preaches. She volunteered to speak to the club this morning about, well, volunteering. However, Ms. Crichton, who is a Registered Nurse and Volunteer Coordinator for New Hope Hospice in Eddington, presented a history of hospice (started in England; established in the US in 1975) and the opportunities open for people interested in volunteering.

“Hospice is care given at the end of life. It used to be that hospice was where you went to die,” she said. Hospice enters the scene when the patient agrees to give up pain medication. The person can stay at home or select one of five area hospice organizations. However, New Hope Hospice performs just hospice services. There are no healing services. Ms. Crichton said that some patients die soon after hospice begins; others live a year or more and, in fact, leave hospice until they feel the need to return.

New Hope Hospice serves a 35-mile range. Only family physicians, who have determined that the end of a patient’s life is near, can refer the patient and family to hospice care of their choice. Pre-hospice interviews with patients employ a philosophy of “no ‘mustn’ts,’ ‘shoulds’, or ‘ought-to’s’”

Medicaid covers the costs of equipment and medicines for hospice patients. New Hope Hospice staff does everything it can to help the family. After a patient dies, a bereavement counselor will visit a family for up to thirteen months.

“We are thrilled when someone wants to volunteer,” Ms. Crichton said. Volunteers can read, run errands, write letters, drive or help in the office. The staff includes a registered nurses and a chaplain. New Hope Hospice holds a memorial service annually at its headquarters in Eddington.

New Hope Hospice is a 501(c) 3 organization. Five percent of every hospice’s staffing must be composed of volunteers. While Ms. Crichton encourages volunteers, she



cautions them not to get too involved. A bereavement counselor relieves that burden from a volunteer.

Contact information: <http://www.newhopehospice.org/contact-us/contact-info/>

### **A Brisk Morning, a Warm Meeting**

**President Kristy Kimball**, while still feeling the swirl of the outgoing Dinner/Auction tide around her feet, managed to move the business meeting along briskly. She summarized yesterday's board of directors meeting, and circulated a ballot for voting for the next Vice-President who will serve 2017-2018.

She thanked the auction committee for its "blood, sweat and tears." She created and distributed a color-filled spreadsheet showing the results of event. The net income totaled \$24,660.49. The committee recommended that Toys for Tots receive \$11,830.24 and Bangor Breakfast Charities get \$11,330.25. Committee expenses totaled \$1,500.

If you have comments, suggestions or even left-over bids (just kidding), you are invited to the Dinner/Auction Committee meeting on January 18, 2017 at Dysart's on Broadway, 7:10 am.

Kristy, by most standards, is a poet. Herewith her poetic tribute to last week's event:

**T** was the week before Christmas, when all throughout  
Rotary,  
Not a member was stirring, because they were listening to  
me.  
Our holiday dinner and auction is done for yet another  
year.

**We surpassed our fundraising goal, bringing over 24k free and clear.**

**If I were going to say thank you in some special sort of way;  
What would I do besides just saying those words per say?  
Now see this is hard, my words can't express all I want to relay,  
Like saying Bangor Area Breakfast Rotarians rock, which is cliché.**

**This year alone what I've seen members give demanded our respect.  
Some were sponsors or attended, while others gave checks.  
Others donated gadgets and gadgets or in very creative ways,  
Some members did all those things, which blew me away.**

**So back to my week before Christmas story that I started to attempt.  
I'm trying to say how thankful I am, with words that are far too unkempt,  
Members like you help make this event a success.  
I'd name each of you, but I've probably already gone to excess.**

**So next year when the Committee gives the Rotary team a whistle,  
Please help prepare for next year's auction, because it's going to sizzle.  
You're probably tired of hearing me exclaim on and on, that's all right.  
Happy Holidays and thank you for last Thursday night!**

**- Your humble Chairperson and the Holiday Dinner & Auction Committee**

**Paul Miragliuolo** had his bags packed and parked outside so he could leave for Florida after the meeting. Before he left, he fined **Ken Kimball**, **Greg Jamison** and (returning) **Jodi Steele** for their birthdays. The Duo-Tones (**Myers** and **Wahlstrom**) provided table-side harmonies that incorporated fragments of the birthday song. Paul congratulated Kristy, and gave a brief history of the auction and where we used to hold those events (they were not all "spectacular" locations).

**David Zelz** recommended a visit to the John Bapst High School webpage to watch what he declared is a fantastic guitarist. David Wollstadt visited from the Old Town Rotary Club, of which he is president, to promote the sale of a CD produced by his daughter, Andrea. Proceeds will benefit the Good Shepherd Food Bank.

We welcomed back **Mike Lamson** who explained how family matters caused him to take a leave of absence from the club. **Jen Khavari** had a pupil dilation experience as she realized that her son just turned 10 years old. The **Jamison Bell Ringing Club** brought in \$709 for the Salvation Army during their tintinnabulations last week.

**Lisa Wahlstrom's** Happy Dollars included congratulations to Kristy and the committee for the auction. Meanwhile, the Bangor Symphony Soiree in March is already heating up with the announcement of the raffle. If your \$50 ticket wins, you will have the choice of going to Montego Bay, Alberta, Canada or New York City.

**Erich Herbert's** son returned from the Philippines where he helped rebuilt an elementary school that was damaged by floods.

*Les Myers- December 15, 2016*